

# Breakfast

Available till 11:30am

Kindly place your order at the counter during busy times. | If you have any allergies or have special dietary requirements, please inform the staff when placing your order

## **Fruit & Nut Toast | 6.5**

Two slices of fruit & nut toast. served with butter

## **Toast | 5.5**

Ciabatta, sourdough or gluten-free toast (+1.00) with your choice of spread

**Choice of spreads** | vegemite/peanut butter/strawberry jam/orange marmalade/nutella

## **Chai Spices Quinoa & Oat Porridge | 12.5**

Served with vanilla poached pear, crunch nuts and tahini maple

Vegan Option: Almond or Soy milk (+1.00)

## **Eggs on Toast | 11.0**

Poached, fried or scrambled free range eggs on toasted Ciabattas

Add-ons: Extra eggs (2) 4.5 | Chipolata sausage 4.0 | Bacon (2strips) 4.0 | Grilled tomato 4 | Hash brown 4 | Avocado 4.5 | Smoked salmon 4.5 | grilled halloumi 4.5

## **Bacon & Eggs ciabatta roll | 13.5**

Crispy bacon, fried eggs with tomato chutney

## **Teriyaki Pulled Pork Benedict | 18.5**

Braised pulled pork, soft poached eggs with yuzu hollandaise sauce crunched garlic

## **Smoked Salmon Deluxe | 18.5**

Fried capers, wilted spinach, soft poached eggs with house made hollandaise

## **Wild Mushroom | 18.0**

Seasonal sautéed wild mushroom with semi-roast tomato, haloumi, spinach, fried egg

## **Spinach & Kale Ricotta Hotcakes | 18.5**

Crispy bacon, tomato relish, hollandaise, rocket salad. Vegetarian Option: Guacamole

## **Smashed Avocado & Persian Fetta | 18.5**

Poached eggs, glazed balsamic cherry tomato, pickled red cabbage & pecorino and basil herb oil

## **Aberdeen Full Breakfast | 22.5**

Eggs cooked your way, crispy bacon, chipolata sausage, wilted spinach, mushroom, slow roasted tomato, hash brown and toasted ciabattas

# Lunch

Available from 11:30am

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Kitchen closes at 2.30pm on weekdays, 2pm on weekend

## **Breaky Lovers | 15.0**

Poached eggs, toasted ciabatta with crispy bacon

## **Soup of the Day | 12.5**

Served with toasted bread

## **Opal Panini | 13.5**

- **Teriyaki pulled pork** kimchi slaw, cheddar, gochujang aioli
- **Roasted chicken** avocado, spinach, red onion, cheddar, tomato, aioli
- **Leg ham brie cheese** roast capsicum, tomato, rocket, aioli
- **Seasonal roasted veg** avocado, spinach, cheddar, hummus

## **Opal Burger | 18.5**

All the burgers come with brioche bun, chips & aioli

- **Haloumi Burger** mushroom, roast capsicum, cheddar, hummus, rocket
- **California Wagyu Burger** tomato relish, caramelised onion, melted cheese, beetroot
- **Chicken Karaage Burger** Jalapeno, caramelised onion, cheddar, chipotle mayo

## **Rice Bowl | 18.5**

- **The barby bowl** Brown quinoa rice with Korean BBQ beef and veges, shitake mushroom, kimchi relish, , fried egg
- **Spicy Hot Bowl** Brown quinoa rice with peri-peri gochujang chicken, wilted green leaves, red cabbage slaw, fried egg
- **Medy Vege Bowl** Brown quinoa rice with avocado, marinated olives, herbed cherry tomato, pickled red cabbage with poached eggs. Add Haloumi 4.5

## **Tasmanian Smoked Salmon & Avocado Salad | 18.5**

Mustard green salad, red slaw, drizzled with lemon vinaigrette

## **Green Power Kale Salad | 18.5**

Grilled chicken, avocado, roast almond, quinoa, Persian fetta, green herb oil, poached pear

### On The Side

Chips with aioli (S/L) | 4.0/8.0

Sweet Potato Wedges with sweet chilli (S/L) | 5.0/9.0